

Young Vic
It's a big world in here.

High Performance Workshops





Founded in 1970, the Young Vic Theatre has been one of London's leading theatres for more than fifty years.

Under the leadership of **Artistic Director Kwame Kwei-Armah** and **Executive Director Lucy Davies**, the Young Vic stands out in the city's cultural landscape for balancing daring commercial drive, artistic flair and success with genuine grassroots social impact.

Recent critically acclaimed work by the Young Vic includes the multi-award-winning world premiere of James Graham's **Best of Enemies**, and **The Second Woman**, an internationally-acclaimed feat of endurance theatre and live cinema starring Golden Globe and two-time Olivier Award winner Ruth Wilson.

Young Vic

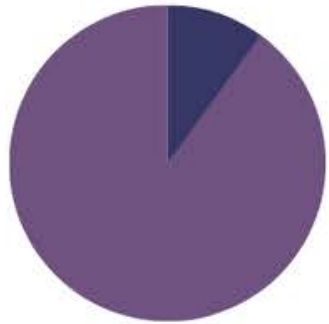
THE YOUNG VIC IN 2022: OUR IMPACT ON STAGE AND OFF

100,000+ AUDIENCE MEMBERS

214 PERFORMANCES

8 PRODUCTIONS

4 WEST END AND BROADWAY
TRANSFERS



We give **10 per cent** of our tickets free to schools and neighbours irrespective of box-office demand

COMMUNITY WORK

25TH Anniversary of Taking Part community programme

350+ partnerships with local community centres, arts organisations and schools

15,000 participants in the programme



ARTISTS ENGAGEMENT

20 years supporting early career artists

4 Young Associates joined the team: individuals from our local boroughs

1 Our Creator's Program is the only scheme of its kind





Our Corporate Training

The Young Vic's **High Performance Workshops** have been designed to prepare you and your team for those critical moments when you need to perform.

Our High Performance Workshops encourage you to see yourself through a different lens. Using a combination of lively, practical exercises, reference to behavioural models and expert personal feedback, our training is designed to amplify your effectiveness in any situation.

Our workshops are led by a team of passionate and committed trainers, all of whom are experienced theatre practitioners and skilled communication consultants.



Your people are your biggest asset. Training at the Young Vic will unlock their potential in spectacular new ways. All our trainers bring a wealth of insight and experience to our workshops, maximising the impact on participants.

Our Chief Training Consultant **Al Nedjari** is an actor, a theatre director and an expert training consultant. He has designed and conducted workshops for a range of clients over the last fifteen years. Al works alongside a skilled team of associate trainers to deliver the best results for you.

Previous clients Include:

SLAUGHTER
AND MAY

 BARCLAYS

 IHS Markit

Linklaters



“THE YOUNG VIC ORGANISED A FANTASTIC COMMUNICATIONS TRAINING EVENT FOR OUR GRADUATES AND THE REACTION ON ALL FRONTS WAS 10/10. PERSONALLY I WOULD LIKE EVERYONE FROM GFT TO GO THROUGH THIS TRAINING.”

Sales Director Enterprise and Services, GFT

Our training

Some of our most popular sessions include:

Communicating Leadership

How does a leader inspire and engage? How do they win the trust and loyalty of those around them? This training focuses on how to project leadership. It uses storytelling as a way to deepen engagement with an audience. You will identify different styles of leadership and experiment with alternative approaches to a range of situations.

Team Building

This training draws on the innovative methods theatre directors use to bring a group of individuals together in preparation for a performance. Physical and vocal techniques, along with storytelling exercises create a shared group dynamic which encourages trust and a cohesive way of working.

Public Speaking

Whether addressing large conferences, pitching to clients or simply contributing to meetings, this training provides the necessary tools to deliver a message with clarity and potency. You will leave this training with a range of techniques to enable you to speak publicly with authenticity and confidence. More experienced presenters will focus on alternative ways of structuring presentations and using storytelling to engage an audience.

Influencing with Confidence

Using the principles from 'Gravitas and Influence', you will discover the physical, behavioural and emotional tools to enable you to influence more effectively. The focus is on situations where you may find yourself on the back foot.

Gravitas and Influence

This training identifies and explores the behaviours associated with confident communication and authority. You will leave more aware of the status you regularly demonstrate and techniques to enable you to flex up or down, as necessary.

"THE BEST THEATRE IN LONDON"

The Telegraph

Young Vic



The impact of your investment

By investing in your people, you will also be investing in our local projects. We are a registered charity and all income generated from our High Performance Workshops directly supports the celebrated work on our stages and our impactful outreach program Taking Part.

We engage with over 15,000 people a year, providing free tickets to all our shows and free creative and artistic opportunities to the young people, adults and schools we work with in our communities.

Your investment ensures we can offer free tickets to people who might not otherwise be able to attend, and helps us deliver a wide range of projects year round

Pricing Structure

Each of our bespoke courses can be tailored around your specific requirements.

Half Day Training: £5000 + VAT.

Welcome talk / tour

Optional add ons:

- Lunch buffet style with non alcoholic drink at £30 per head or dinner buffet style with a wine/beer at £35 per head.
- Tickets to a show subject to availability at ticket face value, free programmes and private event space included

Full Day Training: £10,000 + VAT.

Welcome talk / tour

Lunch buffet style with non alcoholic drink or dinner buffet style with alcoholic drink.

Optional add ons:

- Tickets to a show subject to availability at ticket face value, free programmes and private event space included

For more information please contact Emily Hamilton, Development Coordinator

Email: emilyhamilton@youngvic.org

UNTITLED F*CK M*SS S**GON PLAY

Mon 18 Sep - Sat 4 Nov

The world premiere of this award-winning comedy explodes lifetimes of repeating Asian stereotypes, wrestling history for the right to control your own narrative in a world that thinks it can tell you who you are.



"A wickedly funny satire"
WhatsOnStage

THE HOMECOMING

Mon 27 Nov - Sat 27 Jan

In East London lives a family of butchers, boxers and brutes. When son Teddy returns home with his new wife, a carnal power struggle between man, wife and in-laws ensues.

Olivier-nominated Matthew Dunster directs a bold refocusing of Harold Pinter's masterpiece.

NACHTLAND

Tue 20 Feb - Sat 20 Apr

Nicola and Philipp are clearing out their late father's house. When they find an old painting, things get savage.

Directed by Tony Award-winner Patrick Marber, Marius von Mayenburg's *Nachtlund* is a satire about the rise of the new right and the terrible impulses buried deep.



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